

## **DR. C N RAM GOPAL**

Professor in Counseling Psychology  
Faculty of Allied Health Sciences  
Chettinad Hospital & Research Institute  
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### **Qualifications:**

Ph.D.: 1998, University of Madras

M.Phil:1989, Bangalore University

### **Research Interests:**

1. Guidance & Counseling and Psychotherapy( cognitive behaviour therapy)
2. Psychological Testing.
3. Psycho-diagnostic Assessment.

### **Work Experience:**

April 2015 till date – Present: Associate Professor – Counseling Psychology, Faculty of Allied Health Sciences , Chettinad Hospital & Research Institute, Chettinad Academy of Research & Education

Jan 2013 till Mar.2015: Visiting Teaching Faculty, National Institute for empowerment of persons with Multiple Disabilities (NIEPMD)

Jan. 2014 to Mar. 2015 : Associate Professor of Clinical Psychology , Sree Balaji College Physiotherapy & Rehabilitation Centre

July 2002- Till Dec.2013 : Assistant professor of Clinical Psychology, Bharath University, Chennai

1994 -1997: Research Scholar, Dept of Psychology, University of Madras

September 1992 – January 1994 : Consultant Clinical Psychologist, Tamil Nadu Hospitals, Chennai

March 1990 – July 1992 : Lecturer in Clinical Psychology, Dept. of Psychiatry Unit – I, Mental Health Centre, Christian Medical College, Vellore

### **Extramural projects ongoing/completed**

**NIL**

## Research Guidance

Ph.D.:4 -Ongoing

M.Sc.:8 students

## Summary of Research:

Papers	Citations	h-index	i10-index
6	29	-	-

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Gender Role Assessment Tool. RamGopal C N and Deepika. Submitted:14897/2017-CO/L

## Publications:

1. C N Ram Gopal, "A Study of Behaviour Disorders in Moderately Mentally Retarded Children and their Relation to Parental Attitude", in The Indian Journal of Clinical Psychology, September 1994, Vol.21, No.2, .
2. C N Ram Gopal & V D Swaminathan "Correlates & Cognitive- Behavioural Management of Dysthymia", in the Indian Journal of Health & Well-being, December2012, Vol.3, Issue 4, Page no.852-858.
3. C N Ram Gopal "A Follow-up study of Dysthymic Patients treated with Cognitive Behaviour Therapy, Pharmacotherapy and a combination of both." in the Indian Journal of Health & Well-being, December2012, Vol.3, Issue 4, Page no.919-924.
4. A F J Anand, C N Ram Gopal "Gender based comparative study of the emotional intelligence of Engineering College students of Chennai" The Journal of Psychological Researches, Jan 2015, Vol. 59, No.1, Page 7-11.
5. A F J Anand, C N Ram Gopal "Emotional intelligence and Academic Performance of Graduate Engineering students", Research Journal of Pharmaceutical, Biological and Chemical Sciences,2016, May-June, Vol. 7(3), Page no.2540-2551.
6. Sangeetha & C N Ram Gopal"Factors contributing to Marital Compatibility and their relationship to personality, emotional maturity and mental Health" The Journal of Psychological Researches, Jan & Aug 2016, Vol. 60, No.1&2, Page 72-79.

## Conference / Workshop / Invited Lecture/ Resource person / Seminar/:

- 1) Conference on School Psychology Services to Children with Multiple Disabilities, 3<sup>rd</sup> InSPA National Conference, NIEPMD, Chennai, November 2013.
- 2) Conference on Health & Well-Being, National Conference on Enhancing Psychological Well-Being, Bharathiar University, Coimbatore, February 2014.

- 3) Conference on Positive Schooling: A Heaven for Holistic Development, 4<sup>th</sup> International Conference on Psychology & Allied Sciences, Goa, January 2016.
- 4) Conference on Essentials in General Hospital Psychiatry, CHETPSYCON 2016, CHRI, Chennai, September 2016.
- 5) Conference on Successful Mental Health & Well-Being, 3<sup>rd</sup> International Conference by the Department of Applied Psychology of the Pondicherry University & 6<sup>th</sup> InSPA International Conference, Pondicherry, October 2016.
- 6) Resource Person: Department of Psychology, Annamalai University, Chidambaram.
- 7) Invited lecture: Topic- Cognitive Behaviour Therapy, Department of Psychology, Annamalai University, Chidambaram, September 2016.
- 8) Workshop: Topic: Psycho-Oncology- Prevention to Palliation, Department of Psycho-Oncology, Cancer Institute, Adyar, Chennai during February 2016.