

Yogathon

Date: 10.01.2015

Venue: CARE, Kelambakkam

Theme: Health Care

Summary: The NSS, CARE has organized Yogathon- an event conducted by the facilitators of "The Art of Living" Chennai chapter as an initiative for the fitness of the participants. Many students, faculties and staffs participated in the event with full enthusiasm and were awarded certificates from "The Art of Living". The event was a part of National Youth Day and was helpful for improving both mental and physical health. The felicitous presence of Dr. S.P. Subbiah, Professor and HOD, Blood Bank, CHRI, Dr. R. Anusuya, MO, Blood Bank, CHRI, Dr. Dobson Dominic, Department of Physical Medicine and Rehabilitation, CHRI, Dr. Naveen GH (Yoga and Naturopathy), Faculty of Allied Health Sciences, CARE added high impact on the event.



